

# Wingspan Newsletter

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March/April 2010

## **EASTER SUNDAY CONTINENTAL BREAKFAST** *April 4 9-10 am*

*Begin your Easter Sunday with your church family over breakfast in the Fellowship Room. Please sign up in the Narthex so we know how many to prepare for. A love offering will be accepted.*

## **Easter Sunday Service**

*Our Easter Sunday Service is one of great beauty. A transformation can take place in each of us when we realize all our challenges are opportunities that lead us to new awareness and new dimensions of living.*

*On each flower that you place in the Life Board, there will be a message lovingly prepared for you. Come and share in the joy of Easter and enjoy our wonderful Unity Singers.*

## **DINNER WITH THE FILLMORES** **March 6 5:00 pm**

Join us for an adventure in time travel back to the 1800's. Have a dinner that is prepared from recipes from the old Unity Inn, founded by the Fillmore's. It is a vegetarian meal that is absolutely delicious. Please sign up in the Narthex so we know how many to prepare for. Love offering basis.

## **SOUP & SPRUCE** **Sunday, March 28**

Mark your calendar and bring buckets, rags, rakes and anything you think you might need to help polish pews, wash windows, vacuum drapes, clean up outside, etc. With your church family this will be FUN, and the church will be sparkling for Easter. Soup and more will be provided by your Board of Trustees. Please sign up in the Narthex so we know how many to prepare for.

## **THE FOUR AGREEMENTS SEMINAR with Brian Griffin** **March 14 1:30**

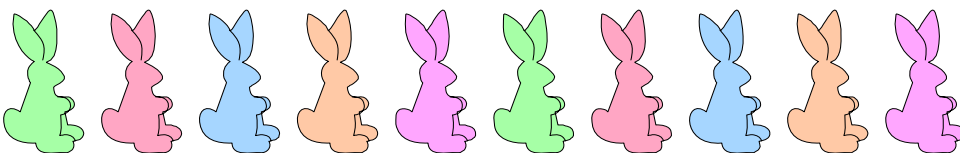
### **Guest Speaker at our regular Sunday service**

Based on the book by Don Miguel Ruiz, this seminar will explore agreements we have made in areas of our lives. You will learn how to break old agreements, letting go of the past. You will learn how to make new agreements, opening yourself to possibility and casting aside limitations. Presented on a love offering basis. Please sign up in the Narthex. Lunch will be served on a love offering basis.

## **MAUNDY THURSDAY PANCAKE SUPPER** **April 1 6:00 pm**

The Men's Group will again be in the kitchen!! Delicious meal guaranteed!! Please sign up in the Narthex so we know how many to prepare for. Love offering basis.

Bible Class...3  
EFT Class...3  
Movie Night...3  
Poetry Group...3  
Truth Principles for Young  
People...4  
Tuesday Class...3



## ***Sunday Schedule***

11:00 AM	Service Truth Classes for Children Teens/Youth of Unity	Sanctuary Lower Level Lower Level
Noon	Fellowship	Fellowship Room, Lower

**MISSION STATEMENT:** *UNITY CHURCH OF ROCHESTER IS A CENTER FOR WORSHIP, SPIRITUAL GROWTH AND PRAYER SUPPORT BASED ON THE PRACTICAL APPLICATION OF THE TEACHINGS OF JESUS CHRIST.*

**VISION:** *THIS CHURCH WILL BE A CONTINUING DEMONSTRATION OF ALL THE SPIRITUAL PRINCIPLES. OUR VISION IS TO HAVE A CONVENIENTLY LOCATED, WELL EQUIPPED FACILITY WHICH IS FULLY STAFFED AND WHICH SERVES TO SUPPORT THE PERSONAL TRANSFORMATION OF OUR CONGREGATION THROUGH THE TEACHINGS OF TRUTH PRINCIPLES.*

This ministry is solely supported by your tithes and love offerings. Even though we are spiritually affiliated with Unity School of Christianity and the Association of Unity Churches, we do not receive any financial support from either of them. As a ministry, we practice the laws of tithing by supporting Unity School of Christianity and the Association of Unity Churches, so that the TRUTH that UNITY teaches can continue to be spread throughout the world. We appreciate your continued tithes and love offerings for they make it possible to maintain Unity Church of Rochester as a center where all might have the opportunity to hear the to experience TRUTH from the UNITY point of view. We also appreciate the love for one's fellow human, and the TRUTH that is demonstrated by including Unity Church of Rochester in your will. This act of love multiples so that it touches the lives of many.

### **HAPPY BIRTHDAY**

Celebrate birthdays for all those born in March and April. You are a delight to the universe and a gift to us.

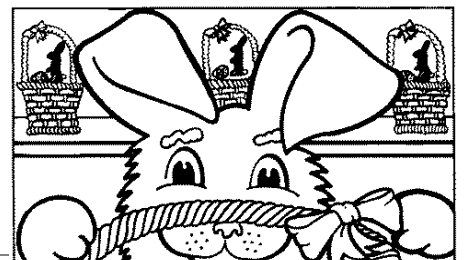
*March 14 & April 11  
Second Sunday of each month*

*Dottie Auer  
George Bayot  
Paula Brandes  
Caren Frances  
Lois Galloway  
Dona Gilsdorf  
Bea Rogers  
David Stroud  
Judy Swinter*

*Unity Church of Rochester is affiliated with Unity School of Christianity, publishers of Daily Word, and is a member of the Association of Unity Churches.*

**WEB SITE**  
<http://www.unitychurchofrochester.com>

**E MAIL**  
[unity\\_church\\_rochester@hotmail.com](mailto:unity_church_rochester@hotmail.com)



## **METAPHYSICAL BIBLE STUDY**

**Wednesdays 7-8:30 pm**

In the past weeks the class has been exploring the inner meaning of stories and Bible verses—and how to apply the principles to your every day life experience. If you are interested in what the Bible says to you and about you, bring your Bible and a desire to see yourself as the different characters in the Bible. Love offering accepted.

## **EMOTIONAL FREEDOM TECHNIQUE FOR ABUNDANCE (EFT) CLASS**

**Mondays, May 10-June 7  
7-9 pm**

This class is offered by Annette Richards, a clinical social worker with over 25 years in the field. In 2007 she trained to use EFT. She is a practitioner listed at Gary Craig's website and one of only four listed in Michigan. Gary Craig is the developer and founder of EFT. His website is [www.emofree.com](http://www.emofree.com). The EFT manual is a free download at his website. The minimum fee for this class is \$20.00 per person per week; a work book will be developed and provided.

Annette's web site is [www.annetterichardseft.com](http://www.annetterichardseft.com) for more information.

Please sign up in the Narthex.

## **FLOWERS FOR THE SANCTUARY**

If you are willing to provide a bouquet or arrangement of flowers from your garden or from a floral shop to bless our sanctuary for the Sunday morning service, please sign up in the Narthex or call the church office.

It is a wonderful way to commemorate an event/occasion in your life (wedding, birth, in honor of or in memory of a loved one).

Please have the flowers in place by 10:45 am. Please take them home after the service or perhaps someone you know would enjoy receiving them.

## **ATTITUDINAL HEALING**

The Attitudinal Healing Personal Growth (support) Groups are safe places to talk about your human challenges from the perspective of the 12 Attitudinal Healing principles. They are for individuals and families facing everyday challenges relationship issues, or crisis.

The group creates an environment of mutual "teaching and learning" for all, and is facilitated by trained staff.

**AA Fridays at 11 am  
AA Tuesdays 8 pm  
Attitudinal Healing  
2nd/4th Thursdays  
From 7-9 pm**

## **META-PHYSICAL POETRY AND WRITING GROUP**

**Charles Weatherford**

We are considering starting a meta-physical poetry and writers group. It will be a typical writers' group where you will be able to share our meta-physical poetry and writings. You can choose whether to have your work critiqued or if you are only sharing. Further details will be determined by the group.

The day, time and frequency of the meetings are yet to be determined.

If you are interested, please send a note to me at [clw@charleslweatherford.com](mailto:clw@charleslweatherford.com) with your name, preferred email address and phone number or sign up in the Narthex.

## **Tuesday Afternoon Study Group**

**1 pm**

**"Lessons In Truth"**

Join us every Tuesday afternoon for this on-going class, discussion and support group.

**Sunday, April 18 during the service there will be a commitment ceremony for Board Members.**

**Please attend and extend your love and appreciation.**

**WE'RE RECYCLING  
INKJET PRINTER  
CARTRIDGES**

Bring your empty ink jet printer cartridges into the church office.  
When we return them, the church will receive a donation.

**PRAYER SUPPORT FOR  
YOU**

Your Silent Prayer Ministry Team is available to pray with you. You may make your prayer request by:

Telephoning the office at 248 656 0120

Completing a prayer request form on the prayer box in the sanctuary

E-mailing your request to [unity\\_church\\_rochester@hotmail.com](mailto:unity_church_rochester@hotmail.com)

All requests are confidential.

**PROSPERITY BANK  
SUNDAYS  
March 28/April 25  
Last Sunday of the month**

All monies that come in through the prosperity banks go towards the up keep and beautification of our church home.

Today is the day to let go and trust the presence of God. As you do, you will know in your heart that you are abundantly blessed.

**HOLY WEEK**

*Begins Sunday, March 29  
through Easter Sunday*

We invite you to make this a special time for consciousness building concepts of life and living abundantly. We ask you to dedicate this special time as a week of prayer, to gain freedom through forgiving and to feel the power of resurrection. "Keep A True Lent" by Charles Fillmore is a powerful book to study during Lent. This book is available for purchase in the Book Room.



**ANNUAL  
MEMBERSHIP  
MEETING**

Our annual meeting was held on Sunday, February 14.

Much joy, lots of love and great things were accomplished this past year. A big thank you to everyone that was a part of the onward unfoldment of this Jesus Christ ministry.

Welcome and blessings to our incoming Board of Directors: Theresa Bieniek, Sean Donovan, Sylvia Haikio, Darlene Marks, Rick Swalley and Cheryl Tennyson. We give thanks that you answered in the affirmative to the Spirit of God to serve your church in this special way.

**TRUTH PRINCIPLES  
FOR YOUNG PEOPLE  
Cheryl Fassanella**

We are continuing our study of the 12 Powers. Each power helps us to grow spiritually. In March we will be studying "strength" and April is "wisdom". We will also be studying our lessons about Lent, Jesus' life, miracles and teachings. Often our children will ask what Easter is all about. These lessons will help children to understand that Lent is our time to "let go" and to "rethink". Our Easter lessons emphasize "new life".

On March 28, Palm Sunday, the children will be going upstairs to share their music with the congregation. Please have your child attend several Sundays before to practice the songs. On Easter Sunday, April 4, we will have our annual Easter egg hunt and party downstairs. All the children get the same number of eggs, so all ages are encouraged to attend. Our older children enjoy helping the little ones find their Easter eggs.

Happy Easter!

*When you take yourself seriously,  
you don't take God seriously  
enough.*

**LUNCH WITH THE  
MINISTER  
March 21/April 18**

Look in your Sunday program on March 21 and April 18 for a sticker. The person who receives the program with the sticker will make arrangements with Dona to meet for lunch. This gives the person and Dona an opportunity to visit and get to know each other.

*The church office is now closed  
on Fridays.*

*Open Monday-Thursday  
10 am—2 pm*

**DISCUSSION GROUP  
March 21/April 18  
12:30 PM**

Discussion of the lesson and answers to questions about Unity. Held in the Youth Ed room down-

**ANNUAL  
YARD  
SALE  
SATURDAY  
May 15**

Start saving your gently used items for our annual sale. Proceeds to the Detroit Ronald McDonald House.

**PROSPERITY  
Prosperity Bank Sundays  
March 28/April 25**

Unity teaches us true prosperity always relates to an idea...we eventually learn there is God in everything and abundance is everywhere. Every financial condition has its origin in consciousness. Therefore we must train the mind to free itself from limiting concepts. A poverty thought breeds more lack. A prosperity thought opens the mind to the opportunities for God's riches to be experienced by the family of God. Tithing is a discipline that helps us to be conscious of our needs to give to the spiritual teachings that are building consciousness. When we are able to make that decision to tithe, we take a giant step of faith which causes us to take a serious look at the way we see our financial life.

Let us learn to meditate upon the omnipresence of God, give thanks for the love that God is in us, and realize we must give to receive. Donate some time to the blessings of others in the world. This is giving of our time in donation to principle.

Think of your bank account and resources and know RICH IDEAS FILL MY MIND AND DOMINATE MY FINANCES. I FIND HAPPINESS IN GIVING FOR I AM IN TUNE WITH GOD'S GREAT LAW OF GIVING AND RECEIVING.

We rejoice in knowing God is the source and respect the many channels our good comes to us.

*God is crazy about you. He sends flowers every spring and a sunrise every morning.*

**SURPRISE!!!**

Shield's Restaurant (at Rochester Rd & Tienken) recently offered to cater a meal for some area businesses in a "getting to know you" effort. Dona decided to use the opportunity to introduce the Board members to Shield's, while also celebrating Sean Donovan's birthday. (How many candles Sean?????) It was a surprise to Sean and the Board when Shield's arrived with the food, putting out a delectable spread.



**DAYLIGHT SAVINGS  
TIME BEGINS MARCH 14**

**TURN YOUR CLOCKS  
AHEAD ONE HOUR  
BEFORE YOU GO TO BED**

## AFFIRMATIONS

### March

Inner Peace—I am at peace when my heart and mind are on God.

Guidance—I quietly tune in to the wisdom of God and receive divine direction.

Healing—I am grateful for the energy and strength of my healthy body,

Prosperity—God’s unlimited good flows to me and through me.

World Peace—As we express the peace of God, our world is transformed.

### April

Inner Peace—Divine love and grace fill me with peace.

Guidance—The Christ light within guides my every step.

Healing—Vitality radiates through every cell of my body.

Prosperity—I prosper as I live a life of purpose.

World Peace—A new day dawns as we awaken to our Christ consciousness.

*Whenever you want to talk to God, He'll listen. He can live anywhere in the universe, and He chooses your heart.*

## PRAYER PAL SUNDAY

March 21/April 18

We have the opportunity to become a “prayer pal” with someone in our church.

Each person will be given a prayer request to fill out. Later everyone will draw a name of a “pal” to pray with for the following month.

Please stop by and check out all the new books in the Book Room. We just received a large shipment of new Unity related books.

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Unity Church of Rochester  
1038 Harding  
Rochester, MI 48307-2512

***Sent With Love and Blessings To:***